



Meadow Lake

MEADOW LAKE
AQUATIC CENTRE

MARCH



SWIM EXPLANATIONS		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>PUBLIC SWIM: Open to the public.</p> <p>FAMILY SWIM: All persons under the age of 16 MUST be accompanied by an adult.</p> <p>LANE SWIM: Open to the public, must follow the lane circuit diagram located on the pool deck.</p> <p>KIDDIE SWIM: Kiddie pool is open to parents and their toddlers; ratio is 1 parent for 2 toddlers.</p> <p>SWIMMING LESSONS: Registered children will learn valuable swimming techniques; parents are invited to watch on deck.</p> <p>MANTA RAY: Meadow Lake Swim Club practices.</p> <p>AQUA FIT: DROP INS WELCOME! Shallow water low impact cardio exercise.</p>	8:00am-9:00am	Lessons Mon/Wed March 20 th - April 12 th	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	FOR A BIRTHDAY PARTY BOOKING CALL 236-2686	
	9:00am-10:00am		Thursdays February 2 nd - March 30 th						
	10:00am-11:00am	Saturdays March 18 th - May 13 th		School/Group Bookings	School/Group Bookings	School/Group Bookings	School/Group Bookings		School/Group Bookings
	11:00am-12:00pm		Lane/Kiddie Swim	Lane/Kiddie Swim	Lane/Kiddie Swim	Lane/Kiddie Swim	Lane/Kiddie Swim	Lane/Kiddie Swim	
	12:00pm-1:00pm								
	1:00pm-2:00pm	Public Swim	School/Group Bookings	School/Group Bookings	School/Group Bookings	School/Group Bookings	School/Group Bookings	Swimming Lessons	
	2:00pm-3:00pm								
	3:00pm-4:00pm	Family Swim	Swimming Lessons	Public Swim	Swimming Lessons	Swimming Lessons	Public Swim	Family Swim	
	4:00pm-5:00pm								
	5:00pm-6:00pm	Inner Tube Water Polo							
	6:00pm-7:00pm	<i>Daytime programming spots available</i> <i>Call for more info.</i>	Manta Ray Swim Club	Manta Ray Swim Club	Manta Ray Swim Club	Manta Ray Swim Club	Family Swim	Public Swim	
	7:00pm-8:00pm								
	8:00pm-9:00pm								Lane Swim

ALL children 6 and under MUST have an adult accompany them in the water and stay at arm's length at ALL times. Ratio is 1 adult for every 2 children.

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Pool schedule is subject to cancellation or change without notice.

